

MEMORIAL HOSPITAL'S The LAMP QUARTERLY NEWSLETTER

Vol. 1 Issue 3 - July 2020

It is Safe to Resume Your Healthcare



As we continue to fight this pandemic, we want you to know...

It is safe to resume your healthcare at Memorial Hospital. We continue to ensure that we follow CDC and IDPH guidelines to provide a safe and healthy environment for our patients. Our staff is following protocols that include wiping down frequently used surfaces between patients, social distancing standards, and screening checks.

Some new things you may notice:

- When entering a MH location you will be asked if you have any COVID symptoms and your temperature will be taken.
- You will be asked to wear a mask to protect yourself, our employees and those around you.
- Markers have been put in place in registration and screening areas to help you keep 6 foot distance from others.
- We have added additional space between chairs in waiting rooms and are spacing appointments to allow ample time for extensive cleaning between visits and to avoid multiple people in waiting areas.

It is safe to schedule an appointment with a healthcare provider. Your overall health remains important to us and it should to you as well. Schedule an appointment with one of Memorial Hospital's [specialty doctors](#), [family providers](#), or [therapists](#).

It is safe to schedule your surgery. Our team of healthcare professionals are here to continue your elective procedures and surgeries as we maintain a healthy and safe environment. All patients are being screened for COVID-19 and tested prior to their procedure to ensure their [\(Continued on Page 21\)](#)



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Upcoming events:

WEIGHT LOSS GROUP

Need help managing your prediabetes, diabetes, or weight loss?

Ask to join the Memorial Hospital Weightloss Facebook Group at: www.facebook.com/groups/MHweightloss

COMMUNITY BLOOD DRIVE

September 3 11:30am-4:00pm

Location: TBD

Follow our [Facebook Page](#) for more information on how to schedule your appointment.

CALL FOR HELP (callforhelpinc.org)

Sexual Assault Awareness Group. Visit their Facebook Page for more information: www.facebook.com/callforhelporg

NAMI SUPPORT GROUP (www.namiswi.org)

Visit their Facebook Page for on-line events and sessions: www.facebook.com/NAMISTL



Patient room with overhead ceiling lift, patient recliner and tray table. Each room has a view!

Each room has a private bathroom with adjustable shower, a sink and toilet.

Memorial Hospital's New & Improved Medical Surgical Unit Opening Early Fall 2020

Memorial Hospital will be opening a new Medical-Surgical and Intensive Care Units in early fall of this year. The new units are located on the south wing, upper level of the hospital that once housed other inpatient units, including the nursery, many years ago. The goal was to remodel existing space to minimize the Hospital's footprint. "We are extremely grateful for the design and construction of our new Medical Surgical Unit," stated Brett Bollmann, Memorial Hospital CEO. "The primary goal of the New Med-Surg project was to improve patient safety, comfort, and work flow for our staff. We anticipate that the added enhancements will greatly improve the customer experience along with the continued exceptional medical care provided by Memorial Hospital Staff."

"The new unit will offer a relaxed atmosphere that will help decrease anxiety and promote healing upon entering the unit," informed, Susan Diddlebock, Director of Nursing. Susan has assisted with planning every detail of the new space and has enjoyed presenting the area to her staff as the remodel comes to completion. "Between the colors of the walls, the architectural ceiling and lighting and the sound reduction flooring and insulation, patients will notice the difference from our prior units." The Nursing staff chose wall art from local artists who entered their images into a previously held contest by Memorial. The art represents local landscapes and helps to provide a calm, healing environment. The art will be featured in every patient room and along the hallway.

The flooring is a combination of wood plank and tile that carries down the hall. The hall has multiple workstations to improve staff workflows. The Medical Surgical Unit rooms are a mixture of seven private and eight semi-private rooms, each with a window view overlooking the forested area at the side and rear of the facility.

Upon entering the individual patient rooms, two types of wood plank flooring helps the space feel large and inviting. Each patient space has built in cabinetry for patient items on the headwall and footwall, including new smart TVs, new patient recliners and visitor seating. The rooms were designed specifically to decrease the risk of injury to our patients and healthcare providers. A healthcare provider work area that consists of the handwashing station, cabinetry and wall mounted computers, which are strategically built in each room, will aid in the healthcare workflow. Every room on the Medical Surgical Unit has a large, private bathroom that includes a full, adjustable shower, sink and facility that has seamless wall to floor coverage with a beautiful, slip-resistant epoxy coating. All lighting is adjustable to provide optimal patient experience.

New beds were purchased to improve patient comfort and safety. All beds have multiple safety features, including:

- Motion activated lighting to guide the patient back to bed,
- Obstacle detection system to prevent injury during bed adjustments,
- One touch bed to chair action,
- Stand assist,
- Verbal cues for patients who are a high fall risk that is enable to ask the patient to please lay down and someone will be with them shortly,
- State of the art comfort mattress which also prevents patients from sliding down in bed when the head of bed is lifted,
- IllumiGuide safety lighting to indicate when safety feature

- are engaged,
- USB ports and much more.

The new Samsung 32" Smart Healthcare TVs along with pillow speaker interface installed in every room were purchased by the Memorial Hospital Auxiliary through funds raised from their annual Tree of Remembrance campaign. These new devices come equipped with the latest technology and will have the capability to be used as a communication tool and provide the same entertainment comforts patients have at home.

The call system has been upgraded as well to include "patient need" buttons. These include direct calls for specific items, like pain medication, restroom assistance, and others that will send a call directly to the caregiver who is responsible. This new system equates to quicker response to patient calls, improved patient experience, decrease risk of injury and improved quiet environment.

Instead of bells going off loudly, the caregivers will be alerted by their portable phone regarding patient needs. These advancements promote a quiet, healing environment.

A new feature of the Med Surg Unit is the addition of an overhead ceiling lift implemented as part of the Safe Patient Handling Program. The lift will help achieve an even safer

lifting environment for patients, reducing the risk of patient injury from transfers and movement, as well as reducing risk of injuries to staff. "Memorial continues to drive a lasting culture of patient safety by continuously evaluating safe patient handling equipment, providing safe

A healthcare provider work area, handwashing station, and cabinet is built in to each room.

lifting education and demonstrations and evaluating staff skills regularly to ensure ongoing competency," says Martha Roth, Director of Safety, Risk Management, and Professional Services.

The improvements continue for our visitors throughout the newly remodeled Unit as well. Family and visitors are just as important as our patients in the overall plan of care. New sleeper sofas are available in the private rooms and have multiple comfort zones, including recline and sleep position, a table for belongings and a USB port to plug in your communication devices. Visitors who need to step out of the patient room for a moment can have a seat in the alcove visitor seating designed along the hallway.

The Intensive Care Unit is a two patient room unit, in which each room is spacious, with a window, and the same amenities as the Medical Surgical rooms, including a private restroom.

Memorial Hospital continues to "Build for your future needs." As a Joint Commission Accredited and 5-Star HCHAPS patient rated hospital these improvements help Memorial continue our efforts in providing the best quality healthcare for our community. As healthcare needs change and technology advances, Memorial continues to improve the critical access of care provided to Randolph County and the surrounding area.

Two Room - Intensive Care Unit



Main corridor of new MSU wing.

MEMORIAL HOSPITAL

—Since 1962—

RURAL HEALTH CLINICS

FAMILY HEALTH CARE

Newborn Through Geriatrics

- | | |
|------------------------------|----------------------------|
| Medicare Wellness Visits | Minor In Office Procedures |
| Immunizations – VFC Provider | DOT Physicals |
| Age Specific Wellness Exams | Same Day Appointments |
| Injection Therapy | School & Sports Physicals |
| Family Planning | Patient Portal |

CHESTER CLINIC

2319 Old Plank Road - Chester, IL 62233
618-826-2388

STEELEVILLE FAMILY PRACTICE

602 W. Shawneetown Trail - Steeleville, IL 62288
618-965-3382



James Kirkpatrick, M.D. • James Krieg, M.D.
Lisa Lowry-Rohlfing, M.D. • Joseph Molnar, D.O.
Stephen Platt, M.D. • Angela Albertini, PA-C
Valerie Blechle, APN, FNP-BC • Jamie Hess, PA-C

In-Office Procedures at Memorial Hospital's Rural Health Clinics

The Chester Clinic and Steeleville Family Practice provide a variety of in-office procedures that can be performed during a scheduled doctors visit. Before you schedule an appointment with a specialist, talk with your family provider to see if they can care for your health need at one of Memorial's clinic locations.

In-Office Procedures offered at Memorial's Rural Health Clinics include:

Trigger Point Injections

Trigger points are painful "knots" in your muscles. They form when a muscle can't relax. Sometimes you can feel these knots when you rub your muscle. A trigger point injection can help soothe muscle pain, especially in your arms, legs, lower back and neck. It also can be used to treat fibromyalgia, tension headaches and myofascial pain. Injecting small amounts of anesthetic and steroid into the trigger point can help alleviate the pain. Trigger point injection may be right for you if your muscle pain has not improved with other treatment, including pain medication and physical therapy.

Cryosurgery

Cryosurgery is a technique for removing skin lesions that primarily involve the surface of the skin, such as warts, seborrheic keratosis (noncancerous skin growth), or actinic keratosis (a rough, scaly patch on the skin caused by years of sun exposure.). Liquid nitrogen needs to be applied long enough to freeze the affected skin. By freezing the skin, a blister is created underneath the lesion. Ideally, as the new skin forms underneath the blister, the abnormal skin on the roof of the blister peels off. Occasionally, if the lesion is very thick (such as a large wart), only the surface is blistered off. The base or residual lesion may need to be frozen at another visit.

Punch Biopsy

Primary indications for punch biopsies include suspicious skin growths and lesions. These include melanoma, carcinomas and various bullous or inflammatory skin conditions. Small pieces of skin from any part of the body are removed using a tube-shaped tool. It is rotated through the skin to the subcutaneous fat. The specimens obtained are sent for microscopic and histopathological examination, or bacterial and/ or viral cultures. While punch biopsies are capable of showing the full thickness of lesions, they are limited in terms of how much width they are able to display with respect to the specimen obtained. This limitation is crucial in the staging and prognosis of malignant lesions.

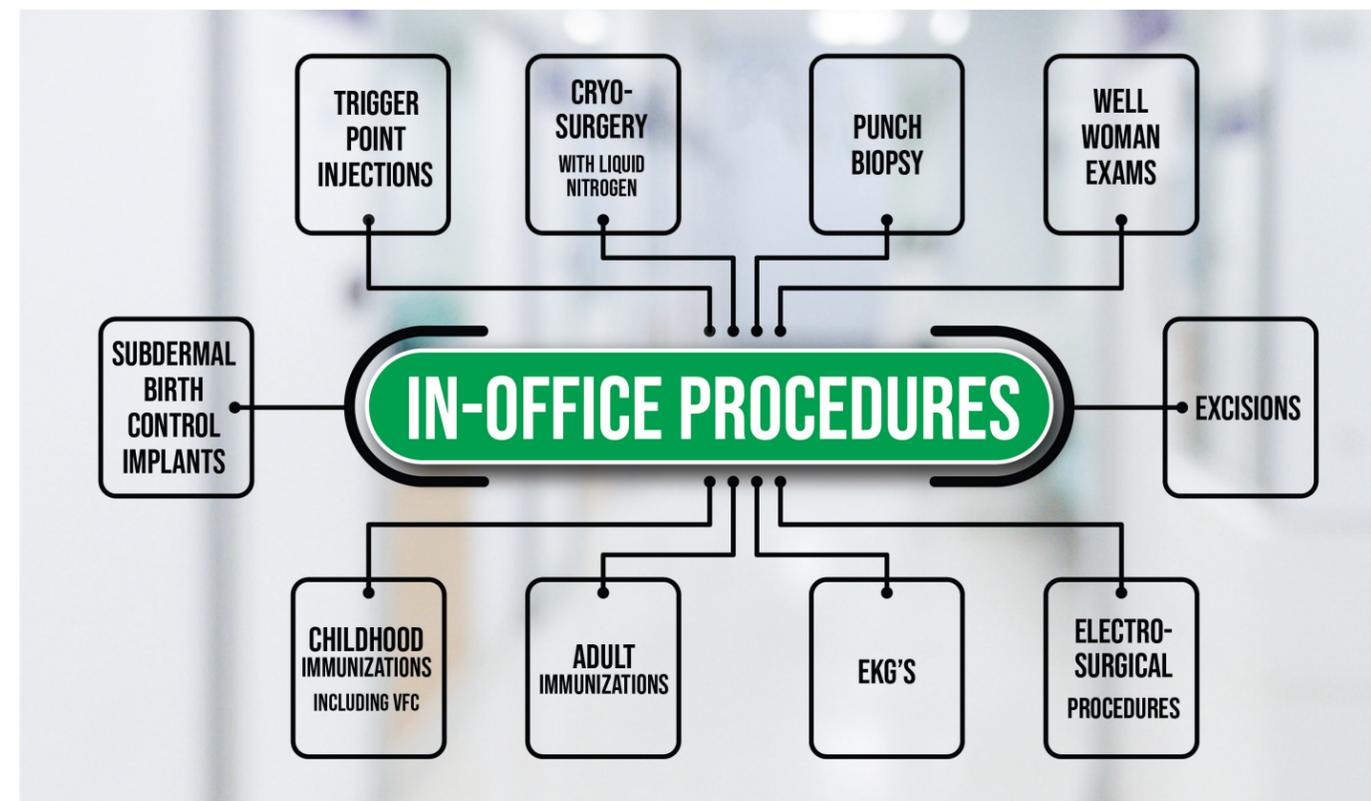
Well Woman Exams

Schedule a well-woman visit with your doctor or nurse every year. The well-woman visit is an important way to help you stay healthy. Well-woman visits include a full checkup, separate from any other visit for sickness or injury. These visits focus on preventive care for women, which may include:

- Services, like shots, that improve your health by preventing diseases and other health problems
- Screenings, which are medical tests to check for diseases early when they may be easier to treat
- Education and counseling to help you make informed health decisions

Birth Control Implants

Contraceptive implants are a long-term birth control option for women. A contraceptive implant is a flexible plastic rod about the size of a matchstick that is placed under the skin of the upper arm. It releases a low, steady dose of a progestational hormone. One reason the birth control implant is so effective



is that it's easy to use. Advantages include:

- One of the highest levels of effectiveness of all contraceptives
- No need to worry about birth control for three years
- Fertility returns as soon as the implant is removed
- Appropriate for women who can't use birth control that contains estrogen

Excisions

"Excision" means the doctor uses a scalpel to remove something from the skin. Excisions are recommended for problem growths such as small cancers, atypical moles, and enlarging cysts. First, the growth is numbed with injectable anesthesia. The doctor then excises the growth and a narrow rim of normal-appearing tissue. The excised tissue is sent to a dermatopathology lab for final diagnosis which may take 1-2 weeks.

Childhood Immunizations

Vaccines can prevent infectious diseases that once killed or harmed many infants, children, and adults. Without vaccines, your child is at risk for getting seriously ill and suffering pain, disability, and even death from diseases like measles and whooping cough. On-time vaccination throughout childhood is essential because it helps provide immunity before children are exposed to potentially life-threatening diseases.

The [Vaccines for Children \(VFC\) Program](#) offers vaccines at no cost to eligible children through the Chester Clinic which is enrolled in the program. This program provides free vaccines to children who are eligible for Medicaid or are under-insured.

Adult Immunizations

You're never too old to get vaccines. In fact, sticking to an immunization schedule as you age gives you the best shot at long-term health. Recommended Adult Immunizations include:

Flu, Tdap (tetanus, diphtheria, and pertussis or whooping cough), Hepatitis B, HPV (human papillomavirus), MMR (Measles, Mumps, Rubella), Chickenpox, and Shingles. Additional vaccinations may be recommended depending on your age and health history.

EKG - Electrocardiogram

An electrocardiogram records the electrical signals in your heart. It is a common and painless test used to quickly detect heart problems and monitor your heart's health. An electrocardiogram is a noninvasive way to help diagnose many common heart problems in people of all ages. Your doctor may use an electrocardiogram to determine or detect:

- Abnormal heart rhythm (arrhythmias)
- If blocked or narrowed arteries in your heart (coronary artery disease) are causing chest pain or a heart attack
- Whether you have had a previous heart attack
- How well certain heart disease treatments, such as a pacemaker, are working

Electrosurgical Procedures

Electrosurgery for dermatology procedures is the ideal method for removal of hemangiomas (bright red birthmarks) and pyogenic granulomas (skin growths that are small, round, and usually bloody red in color) due to their vascular nature and tendency to bleed. Electrosurgery is used to coagulate the tissue to prevent bleeding and destroy any foreign cells that may still exist.

Talk to your physician about it! To schedule an evaluation with a Memorial Hospital Provider contact one of our Rural Health Clinic Locations.

Caring for you throughout your life span.

Treating pediatrics, youth, adults, and geriatrics.

SPECIALIZED SERVICES:

- Sports Rehab
- Balance Rehab
- Vertigo
- Stroke Rehab
- Hand Therapy
- Pool Therapy
- Urinary Incontinence
- Manual Therapy
- Orthopedic Rehab

SPECIALIZED EQUIPMENT:

- Bariatric Treadmill
- Biodex Balance System
- Mechanical Traction
- Ultrasound
- Electrical Stimulation
- Fluidotherapy
- Iontophoresis



Heather Huck, Occupational Therapist/Rehab Clinical Leader
 Heather King, Speech-Language Pathologist
 Anita McDonough, Physical Therapist Assistant
 Brandi Salger, Physical Therapist Assistant
 Cheryl Sauerhage, Physical Therapist

SPEECH

COMMON DISABILITIES IN CHILDREN

With speech and language disorders ranking among the most common disabilities in children, parents and caregivers are encouraged to learn the signs—and seek an evaluation—if they have concerns about their child’s ability to communicate. Memorial Hospital’s Therapy & Sports Rehab Center, in Chester, offers timely guidance for families.

Development of strong communication skills is extremely important; however, there are common misconceptions about how these skills develop. One is that children generally ‘grow out’ of speech or language difficulties. Unfortunately, this mistaken impression too often delays treatment. Of course, some children are indeed ‘late bloomers,’ yet treatment is frequently necessary, too. Good communication skills are critical, helping with behavior, learning, reading, social skills, and friendships. It is much easier, more effective, and less costly to treat speech and language disorders early—the beginning of the school year is a great time to educate parents on this important point.

Speech and language disorders are evaluated and treated by speech-language pathologists. Speech is the ability to produce speech sounds using the mouth, lips, and tongue. A child may say sounds the wrong way, repeat sounds and words, or be otherwise difficult to understand. Language is the ability to use and put words together—and to understand others’ words. A child may have



Patient receiving instruction from Heather King, Speech-Language Pathologist

trouble understanding questions, following directions, or naming objects. Early speech and language treatment sets a child up for future school and social success.

Heather King, Speech-Language Pathologist at Memorial Hospital of Chester, shares some of the warning signs for parents to watch for in young children.

WARNING SIGNS FOR PARENTS TO WATCH FOR IN YOUNG CHILDREN:

- Does not babble (4–7 months)
- Makes only a few sounds or gestures, like pointing (7–12 months)
- Does not understand what others say (7 months–2 yrs)
- Says only a few words (12–18 months)
- Says p, b, m, h, and w incorrectly in words (1–2 yrs)
- Words are not easily understood (18 months–2 yrs)
- Does not put words together to make sentences (1.5–3 yrs)
- Says k, g, f, t, d, and n incorrectly in words (2–3 years)
- Produces speech that is unclear, even to familiar people (2–3 yrs)
- Repeating the first sounds of words, like “b-b-b-ball” for “ball” (any age)
- Stretching sounds out, like “fffffarm” for “farm” (any age)

For school-age children, warning signs may include the following:

- Has trouble following directions
- Has problems reading and writing
- Does not always understand what others say
- Is not understood by others
- Has trouble talking about thoughts or feelings

During these unprecedented times of school closures and limited treatment availability, Memorial Hospital of Chester wants parents and caregivers to know that we are here to help. Speech therapy services are available with a referral from your physician. Memorial Hospital of Chester is taking extra precaution to ensure the safety of you, your child, and our staff during these times. If you have additional questions regarding beginning speech therapy services, feel free to contact Heather King, SLP at Therapy & Sports Rehab Clinic at 618-826-4588.

Learn more about speech and language disorders that may be acquired in ADULTHOOD here: www.mhchester.com/post/better-hearing-speech-month-illnesses-and-injuries-in-adults



AFTERCARE PROGRAM

After graduating from therapy, patients may opt to continue using the facility through our Aftercare program. This program allows patients to continue their exercises on an independent basis so they can maintain or further their progress.

As the state of Illinois moves to Phase 4 of the Reopen Illinois Plan, we will begin allowing After Care patrons to resume using our facilities again. As we move into this new phase, there will be new guidelines and regulations for you to follow in order to keep yourself, our staff and our other patrons safe. It is important that you follow these guidelines and please be patient with us as we move toward reopening. View a complete list of new guidelines and procedures here: www.mhchester.com/post/after-care-program-at-tsrc-resumes



YEAR OF THE NURSE
2020
 EXCEL • LEAD • INNOVATE
 ANA ENTERPRISE

(Clockwise from front center):
 Susan Diddlebock, Director of Nursing;
 Denise Tucker, CNA; Lisa LaRose, RN;
 Sharon Sabo, LPN; Amanda Crites, CNA;
 Greg Griffith, LPN; Christine Goetz, CNA;
 Maribeth Golding, RN; Deana Tudor, RN;
 Marilyn Duensing, LPN.

The Year of the Nurse 2020: A Note to All Nurses and Healthcare Workers

The World Health Organization designated 2020 as the International Year of the Nurse and Midwife.

This year is such a great time for this designation. Healthcare workers of all types are standing in the middle of a global pandemic with COVID-19 and battling this new, unknown virus as they are saving lives, innovating for better outcomes, witnessing miracles and catastrophic illness demise, which our generations have not had to witness before. These healthcare workers are preparing and protecting themselves as they are marching towards the battlefield to do what they do! It is simple for Nurses and caregivers. This is what we do. This is who we are. We take care of people. We take care of our community. We take care of our friends and family, coworkers and physicians, and everyone in our span to assist.

Two Hundred Years ago marks the year of Florence Nightingale's birth. She was our leader in Nursing. During the Crimean War Florence started her hygiene movement. This was as simple as hand washing. During the 1800's we did not have hand sanitizer, soap at every washbasin, nor did we have proper sewer systems. This made for deplorable conditions for those who tried to care

for the sick and many died from disease that thrived in conditions like these; cholera, typhoid, and dysentery. Florence's work started with basic sanitation, proper ventilation and sewage systems, which caused a large decrease in the death rates of the hospitals that she worked with.

This is what we do. This is who we are. We take care of people. We take care of our community. We take care of our friends and family, coworkers and physicians, and everyone in our span to assist.

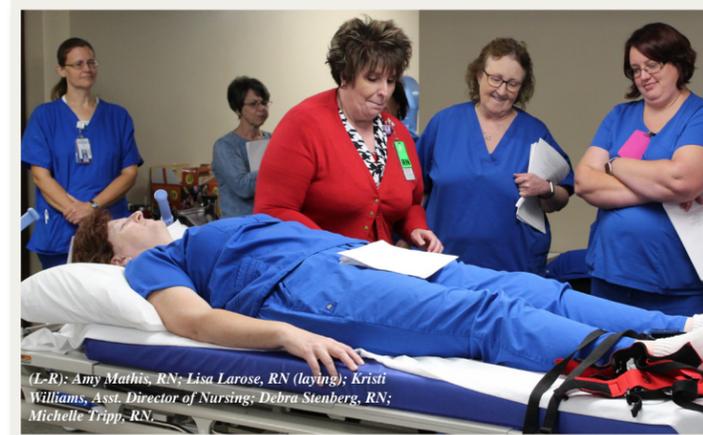
Therefore, when I see that it is the Year of the Nurse 2020, I send a gigantic hug and thank you to all of you who have chosen this path to care for the sick, injured and fatigued, no matter the consequence. You are leaders and innovators in the Nursing industry and Medical Community. I also ask for prayers for your continued

Hence, Florence developed theories that proper sanitation, ventilation and sewage systems was the reason for the decrease in mortality. Since then, Nurses have been involved in research, theory, bedside nursing, advanced practice, administration and so much more. It is those of us who chose Nursing who continue to lead, innovate and excel in the Medical field that help create groundbreaking discoveries and outcomes.

wellness so that you can continue caring for our community, family, friends and coworkers. This is a time of unprecedented expectations and outcomes and you are the people who we look to for guidance, trust and reassurance. Just as we did in the 1800's when Florence started her crusade.

Thank you for all you do as Nurse's, Providers, and all Healthcare Workers. Everyone makes a difference and everyone has his or her special power. You are ALL Heroes! Wave your cape and be proud of your profession and the impact you have on your Community!

*Thanks for all that you do,
 Susan Diddlebock RN, BSN, MHA
 Chief Nursing Officer
 Memorial Hospital Chester*



(L-R): Amy Mathis, RN; Lisa LaRose, RN (laying); Kristi Williams, Asst. Director of Nursing; Debra Stenberg, RN; Michelle Tripp, RN.



(L-R) Kari Schaefer, Discharge Planner & Swing Bed Coordinator Nurse; Sherry Moore, CNA



(Front L-R): Kimberly Ruebke, MS/CU/ER Nurse Manger; Amy Kirkland, RN



(L-R, B-F): Dr. Floyd, Oncologist; Janet Bergman, CA; Amy Brown, Spec. Clinic Sup.; Carla Fedderke, LPN; Michelle Tripp, RN; Jennifer Lochhead; Deb Stenberg, RN; Carrie Jo Dierks, Inf. Nursing Ast.



Left (L-R): Ashley Homan, LPN; Sarah Birkbigler, OR Tech.; Robin McMurtry, LPN; Melissa Collins, OR Tech.; Marilyn Duensing, LPN



Center (L-R): Jessie Perkins, RN; Marci Klein, RN; Amy Kirkland, RN; Kimberly Fedderke, RN; Jerina Reese, RN; Brandy Hagene, RN; Kaitlynn Smith, RN



(L-R): Jessica Valleroy, LPN RHC; Amanda Johnson, LPN RHC



(L-R): Lisa Wingerter, LPN RHC; Torrie Davitz, RHC Nurse Manager

Rehabilitation is Key to Recovery After a Stroke



Stroke is the number 5 killer of all Americans and a leading cause of long-term adult disability, affecting more than 795,000 people a year. Few are prepared for this sudden, often catastrophic event, but rehabilitation rates are encouraging. In some cases, brain cell damage may be temporary and may resume functioning over time. In other cases, the brain can reorganize its own functioning and a region of the brain “takes over” for a region damaged by the stroke (National Stroke Association).

Memorial Hospital is a certified Acute Stroke Ready Hospital by IDPH. In 2014, Illinois recognized that there was an opportunity for rural or critical access hospitals to work in conjunction with the Primary Stroke Centers to provide evidence based protocols for Stroke patients, including administering “clot busting” medications and transport to a Primary Stroke Center. Memorial Hospital is proud to be able to provide this lifesaving opportunity to the community.

After a stroke, rehabilitation is key to recovery. Physical, occupational and speech therapies can help you relearn lost skills or help you change how you live to adapt to your new normal.

Your Stroke Recovery Team at Memorial Hospital

A team of professionals will plan your rehab program to help you meet your stroke recovery goals. This team may include some of the following:

- **Physician** – guides your care.
- **Nurse** – helps survivors manage health problems like diabetes and high blood pressure and adjust to life after stroke.
- **Physical Therapist** – helps with problems in moving and balance, suggesting exercises to strengthen muscles for walking, standing and other activities.
- **Occupational Therapist** – helps with strategies to manage daily activities such as eating, bathing, dressing, writing and cooking.
- **Speech-Language Pathologist** – helps with talking, reading and writing, and shares strategies to help with swallowing problems.
- **Dietitian** – teaches survivors about healthy eating and special diets low in sodium, fat and calories.

- **Social Services/Case Manager** – helps survivors make decisions about rehab programs, living arrangements, insurance, home support, facilitate follow-up, coordinate care from multiple providers and link to local services.

When Does Rehab Begin?

Your doctor decides when you’re stable and able to benefit from therapy. Most rehab services require a doctor’s order. At Memorial Hospital, we offer PT, OT and ST as an inpatient, as part of our [Swing Bed Program](#) and at our outpatient clinic, [Therapy & Sports Rehab Center](#).

What Will I Do in Rehab?

What you do in rehab depends on how the stroke affected you and what you need to regain your independence. Areas you may need to improve include:

- Self-care skills such as feeding, grooming, bathing, toileting and dressing.
- Mobility skills such as transferring (from chair to bed or bed to chair, etc), walking or self-propelling a wheelchair.
- Communication skills in speech and language.
- Cognitive skills such as memory or problem solving.
- Social skills for interacting with other people.

Stroke Rehab May Include:

- Training to improve mobility and ability to do daily tasks.
- Tailored post-stroke exercise program.
- Access to cognitive/engagement activities (books, games, computer).
- Speech therapy, if stroke caused difficulty speaking or swallowing.
- Eye exercises, if stroke caused a loss of vision.
- Balance training for those with poor balance or with a fall risk.
- Adaptive strategies to help you function within a “new normal”.

If you would like to learn more about Memorial Hospital’s stroke rehab program, call the [Therapy and Sports Rehab Center](#) for more information, 618-826-4588.

Welcome Dr. James Murphy, Orthopaedic Surgeon

Memorial Hospital is proud to welcome Dr. James Murphy to our [Specialty Clinic](#) team. Dr. Murphy joins us from the [The Orthopaedic Institute of Southern Illinois](#). He will hold clinics at Memorial Hospital beginning Tuesday, July 14th and perform surgical procedures at Memorial in the future.

Dr. Murphy is a Fellowship trained Orthopaedic Foot and Ankle Surgeon. He completed his Orthopaedic Residency at Tulane University Medical Center and completed an extra year of Fellowship training dedicated to Foot and Ankle problems at the Andrews Sports Medicine Institute in Birmingham, AL. He finished his residency in 2003 and has been treating patients the past 16 years. He is the only Orthopaedic Surgeon in Southern Illinois to specialize in his unique skill set.

During his residency, Dr. Murphy helped athletes of all ages, from grade school to the NBA, to weekend warriors. He has also worked with the Association of Tennis Professionals (ATP) and Women’s Tennis Association (WTA).

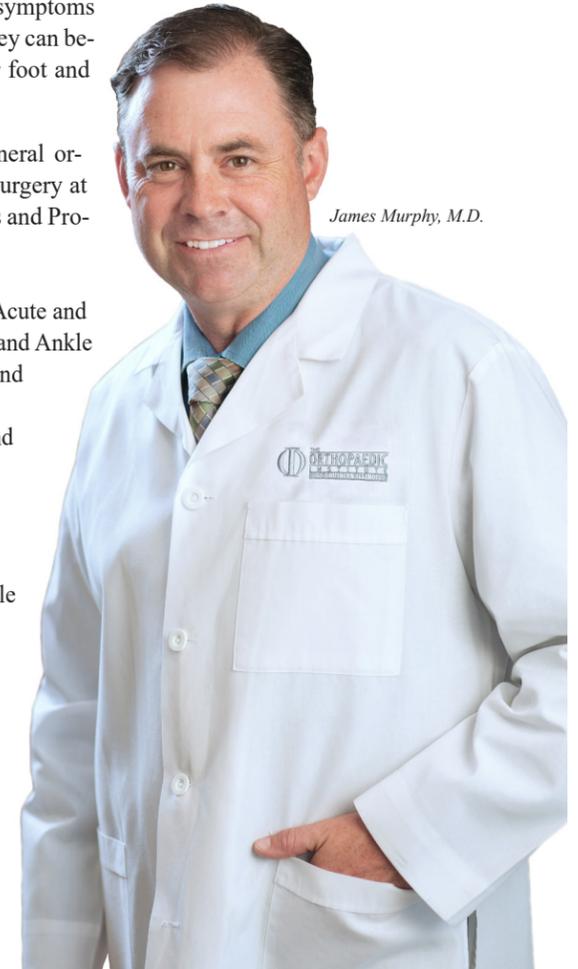
Dr. Murphy states, “I believe in developing a true partnership between patient and physician. A doctor must listen to not just what the patient says, but also read the patient in order to come to the diagnosis. Each case is

so unique. My goal is to both treat symptoms and to educate the patient so that they can become an active participant in their foot and ankle health.”

Dr. Murphy will be providing general orthopaedic care, consultation, and surgery at Memorial Hospital. His Specialties and Procedures include:

- Foot and Ankle Surgery
- Foot and Ankle Reconstruction Acute and Chronic Conditions of the Foot and Ankle
- Specializing in Both Operative and Non-Operative Treatments
- Traumatic Injuries to the Foot and Ankle
- Injections of the Foot and Ankle
- Achilles Problems
- Arthritis of the Foot and Ankle
- Deformities of the Foot and Ankle
- Total Ankle Replacement
- Arthroscopic Treatment of the Foot and Ankle
- Second Opinions

Dr. Murphy will hold Specialty Clinics at Memorial Hospital in Chester every other week. To make an appointment with Dr. Murphy please call 618-997-6800. Request a consult with Dr. Murphy at the Specialty Clinic in Chester.



James Murphy, M.D.



LPN IV



CERTIFIED

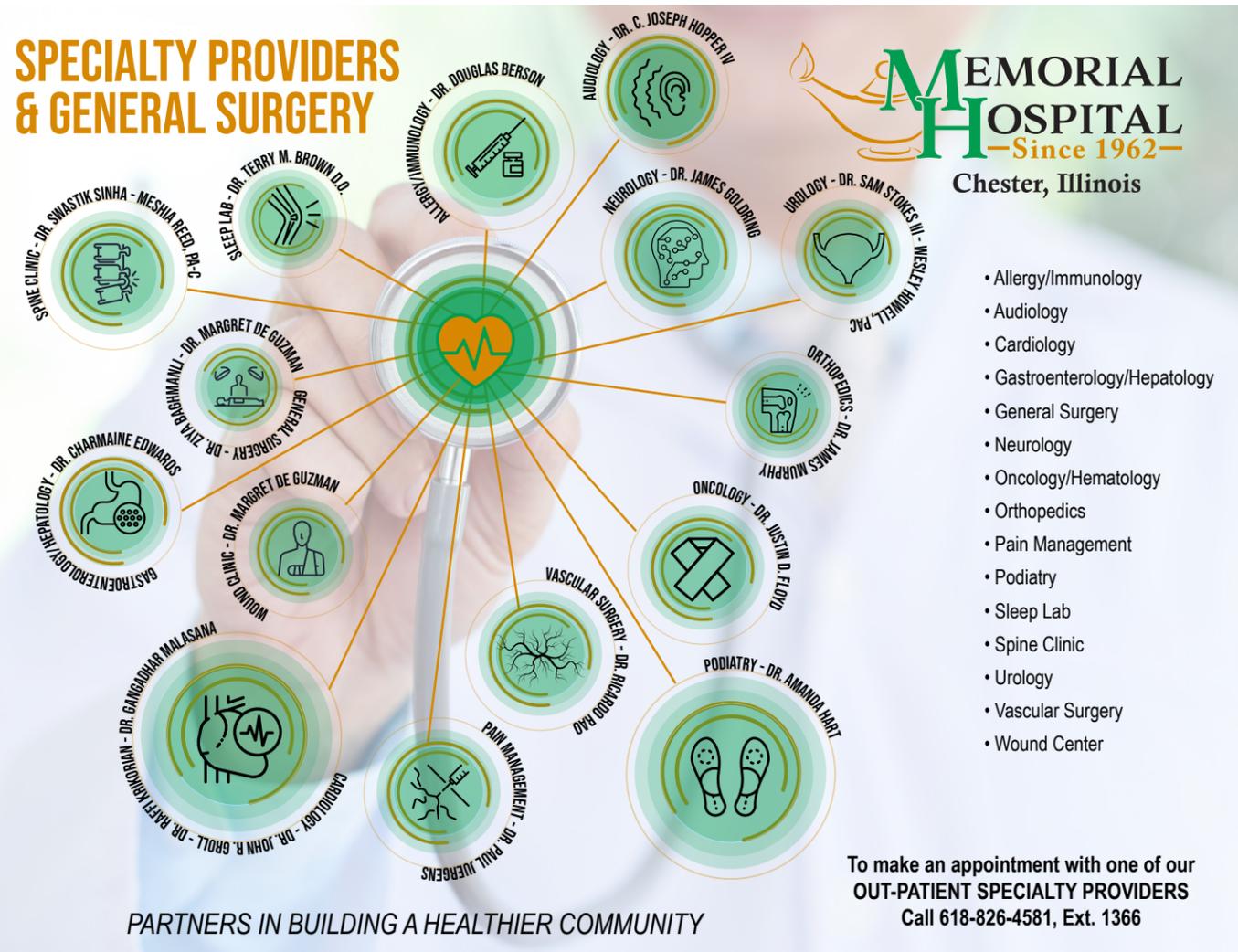
Memorial Hospital worked with Health Direct to provide certification for LPNs on IV therapy. Six employees attended the class. Hands on education with preceptor RNs was completed following the classroom test, to assure competencies doing multiple IV starts, flushings, hanging IV ABX and plain fluids. Then the staff met with, Kristi Williams, Assistant Director of Nursing and were signed off by Susan Diddlebock, Chief Nursing Officer.

Memorial’s IV certified LPNs are able to start IVs, draw blood and initiate IV therapy. Their commitment to their field and continued education provides a greater opportunity for additional patient care.

Congratulations to the following LPNs on their IV certification:

- TABATHA COLVIS
- GREG GRIFFITH
- KRISTY BERT
- CARLA FEDDERKE
- SHARON SABO
- REBEKAH BRUEGGEMANN

SPECIALTY PROVIDERS & GENERAL SURGERY



MEMORIAL HOSPITAL
—Since 1962—
Chester, Illinois

- Allergy/Immunology
- Audiology
- Cardiology
- Gastroenterology/Hepatology
- General Surgery
- Neurology
- Oncology/Hematology
- Orthopedics
- Pain Management
- Podiatry
- Sleep Lab
- Spine Clinic
- Urology
- Vascular Surgery
- Wound Center

To make an appointment with one of our OUT-PATIENT SPECIALTY PROVIDERS
Call 618-826-4581, Ext. 1366

PARTNERS IN BUILDING A HEALTHIER COMMUNITY



The DAISY Award®

FOR EXTRAORDINARY NURSES
HONORING NURSES INTERNATIONALLY
IN MEMORY OF J. PATRICK BARNES

Nurses at Memorial Hospital and our Rural Health Clinics are being honored with *The DAISY Award for Extraordinary Nurses*®. The award is part of the DAISY Foundation's mission to recognize the extraordinary, compassionate nursing care they provide patients and families every day.

The DAISY Foundation is a not-for-profit organization, established in memory of J. Patrick Barnes, by members of his family. Patrick died at the age of 33 in late 1999 from complications of Idiopathic Thrombocytopenic Purpura (ITP), a little known but not uncommon auto-immune disease. (DAISY is an acronym for Diseases Attacking the Immune System.) The care Pat-

The DAISY Award for Extraordinary Nurses®

rick and his family received from nurses while he was ill inspired this unique means of thanking nurses for making a profound difference in the lives of their patients and patient families.

"When Patrick was critically ill, our family experienced first-hand the remarkable skill and care nurses provide patients every day and night. Yet these unsung heroes are seldom recognized for the super-human, extraordinary, compassionate work they do. The kind of work the nurses at Memorial Hospital are called on to do every day epitomizes the purpose of The DAISY Award," Said Bonnie Barnes, FAAN, President and Co-Founder of The DAISY Foundation.

"We are proud to be among the healthcare organizations participating in The DAISY Award program. Nurses are heroes every day. It's important that our nurses know their work is highly valued, and The DAISY

Foundation provides a way for us to do that," said Chief Nursing Officer, Susan Diddlebock.

In addition to the DAISY Award for Extraordinary Nurses, the Foundation expresses gratitude to the nursing profession internationally in over 3,900 healthcare facilities and schools of nursing through the J. Patrick Barnes Grants for Nursing Research and Evidence-Based Practice Projects and for nurses participating in medical missions. More information is available at DAISYfoundation.org

Nurses may be nominated by patients, families, and colleagues. The award recipient is chosen by a committee at Memorial Hospital to receive The DAISY Award.

Learn more about how to nominate a Memorial Hospital, Chester Clinic or Steeleville Family Practice Nurse at: www.mhchester.com/daisy-nominations

Community CARE

We are truly humbled by the out pour of support from our community! Your generosity and thoughtfulness is appreciated by all. We ask that everyone continue to do their part to remain healthy, slow the spread of COVID-19 and find ways to be kind to your neighbors. Stay positive! Stay safe! We are all in this together!

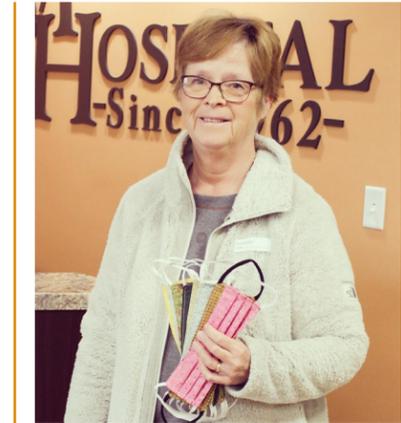


FOR YOUR DONATIONS OF MATERIAL



Thank you to all of our employees who donated material and supplies for our Community Mask Makers!

We are grateful to have ladies in the community who dedicated many hours to sewing masks for our outpatients and staff. Their seamstress skills and mask donations were highly appreciated by all. Being able to provide the materials to continue their craft has helped support their ongoing efforts. Thank you for supporting those who help support us and our efforts to keep everyone safe.



Marla Cleland with some mask donations

Thank You to our community members and their generous donations of masks for outpatient use. We received handmade mask donations from Marla Cleland, Marla Cushman and Terri McKinney. These masks are circulated to our outpatient clinics, rehab center, and screening stations at the hospital as our community mask makers continue their efforts to replenish our supply each week.



State Farm representative, Nicole Long, with Sherry Moore, CNA

A special thanks to State Farm of Chester for catering an ice cream truck on June 19th to treat healthcare workers at Memorial Hospital to express their appreciation.

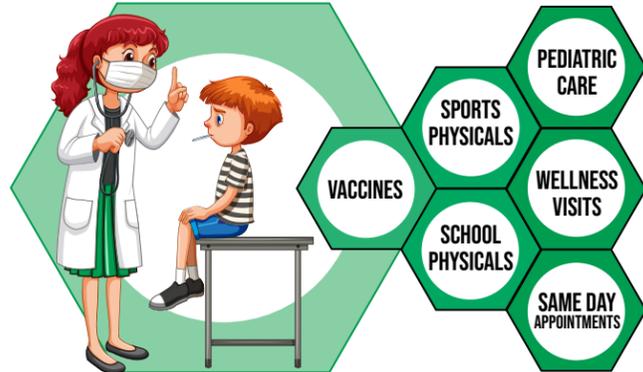


L-R, T-B: Macey Ludwig, Alana Meyer, Abigail Bollmann, Keegan Brooks, Audrey Hopper, Briana Surman (all MH Medical Explorers) and Cassie Ellner (MH Volunteer)

In May Memorial Hospital celebrated Nurses Month and Hospital Week. Memorial Hospital's Medical Explorers and youth volunteers took to the sidewalks that month to show their appreciation for our healthcare team. The decorated walks were a nice surprise for staff as they entered the building to start another week of work with grateful hearts ready to share kindness and compassion.

Schedule your 2020-2021 School Physical NOW.

Accepting **NEW PATIENTS!**



MEMORIAL HOSPITAL
Since 1962
RURAL HEALTH CLINICS

CHESTER CLINIC 618-826-2388
2319 OLD PLANK ROAD - CHESTER, IL 62233

STEELEVILLE FAMILY PRACTICE 618-965-3382
602 W. SHAWNEETOWN TRAIL, STEEEVILLE, IL 62288

The Chester Clinic and Steeleville Family Practice are currently scheduling school physicals. Schedule your child's physical now and avoid the rush this fall.

Our staff continues to schedule appointments with enough time in between for proper sanitizing and to keep our waiting rooms clear. We have also made changes in our waiting rooms to encourage social distancing to keep you and your family safe during your visits.

Memorial Hospital's Rural Health Clinics provide care for newborns through geriatrics. Contact one of our locations today to schedule your appointment: Chester Clinic 618-826-2388 or Steeleville Family Practice 618-965-3382.

STARS - Special Needs Tracking & Awareness Response System



Memorial Hospital participates in a **STARS** (Special Needs Tracking & Awareness Response System) Program in coordination with Cardinal Glennon Children's Hospital. The STARS program enables better care of special needs children through 21 years of age should an emergency arise. The purpose of the STARS Program is to create a tracking and awareness system for ambulance districts,

ELECTIVE PROCEDURES RESUME MAY 11, 2020

OUR TEAM OF HEALTHCARE PROFESSIONALS ARE HERE TO CONTINUE YOUR ELECTIVE PROCEDURES AND SURGERIES AS WE MAINTAIN A HEALTHY AND SAFE ENVIRONMENT.

CALL TODAY TO SCHEDULE YOUR SERVICES!
MEMORIAL HOSPITAL: 618-826-4581

Through guidance from the Illinois Department of Public Health regarding Elective Surgeries and Procedures, Memorial Hospital of Chester resumed Elective Outpatient and Inpatient Procedures on May, 11, 2020. Please be assured that we are following all state and federal guidelines and precautions will remain in place to protect the health and safety of our patients and staff.

All individuals scheduled for an elective surgery will be tested for COVID-19 72 hours prior to their procedure.

Contact your primary care provider to schedule your electives at Memorial Hospital.

fire districts and community hospitals to both recognize the special needs of patients inside their coverage area and have the training to appropriately care for these patients.

Each child that is entered into STARS has a form detailing his or her medical history, medications, allergies, baseline vital signs, baseline neurological status and common medical emergencies. This form is kept in each ambulance and Memorial Hospital Emergency Room Department.

Children who especially benefit are those with:

- Significant developmental delay
- Seizure disorders
- Cardiac history
- In-clinic mental health evaluation
- Cerebral shunts
- Tracheostomies
- Autism spectrum disorder
- Children with a DNR order
- Any atypical disease or syndrome

Please contact Memorial Hospital if you feel your child would be a candidate.

To enroll your child, contact Kim Ruebke, Emergency Room Director, at Memorial Hospital 618-826-4581.

What happened last quarter?

Employee of the Quarter



Teresa Jackson, MA/Patient Coordinator

On July 16, 2020 Memorial Hospital CEO, Brett Bollmann named Teresa Jackson Employee of the Quarter for the Second Quarter 2020.

Teresa has worked at Memorial Hospital's Rural Health Clinic since November 2012. She is a Medical Assistant and Patient Coordinator. When asked what she likes most about working at the Rural Health Center, Jackson replied, "I really enjoy being able to help patients get set up with specialists and for imaging. The gratitude and appreciation from the patients really makes my job worth all the hard work. Most of all I love my work family! We have such a good group of ladies and gentlemen here at RHC." Her co-workers write, "she always goes above and beyond to help our patients,

always treating them with care and compassion. Patient care is her priority above anything else and she gets along with everyone! She always has a heavy workload but handles it well, in a timely manner and with a smile. She is always willing to help and always makes you smile when you are having a bad day. She works very well with all departments in the hospital."

Teresa resides in Sparta with her husband Scott and their three kids, Layla, Brodie, and Warren. In her spare time, she enjoys camping, fishing, and spending time with her family and friends. Jackson received a personal plaque, cash prize and parking spot of her choice for the next three months.

Each quarter employees are encouraged to submit "star cards" for their co-workers who go above and beyond in their patient care or team work. Four random cards were drawn, Leah Freytag, LPN at the Rural Health Clinic; Rhonda Mott, Chief Radiologic Technician; Nicole Clifton, Laboratory; and Julie Hartman, LPN in ER, were the winners of a monetary award for their star nominations.

CANCER SURVIVORS DAY

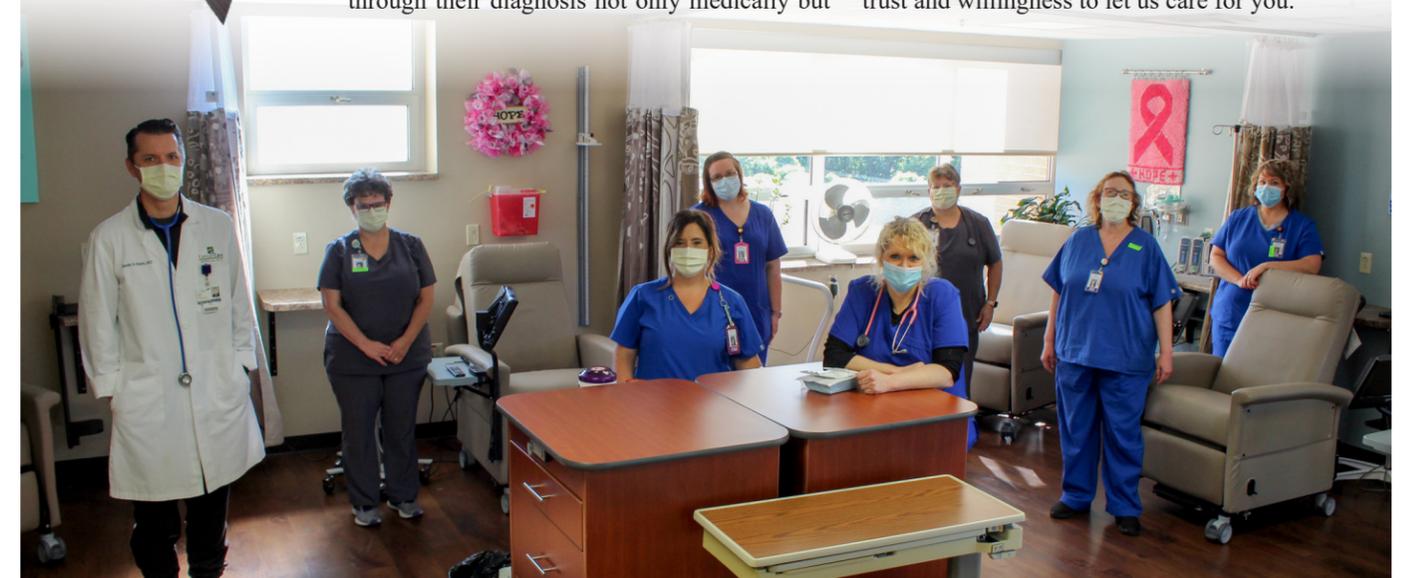
June 7th was National Cancer Survivor Day.

We celebrate everyone who has won their fight, those who continue to fight, and we remember those who have touched us all with their courage and determination.

Our Memorial Hospital **Chemo and Infusion Department** has been honored to help many through their diagnosis not only medically but

emotionally. One of our previous patient's family members had these kind words to say about our staff, "When we began this journey, I was scared to death and I'm pretty sure it showed. From day one on the phone to this very last day, you have calmed my nerves and showed me so much patience. You answered every question, phone call, or concern I ever had in a timely and professional manner; but more importantly, you did it all with the biggest heart and all the while dealing with an unprecedented pandemic. Every step of this journey, the love you have for your patients and their families has never faltered or wavered and to put it rather bluntly, YOU ARE AMAZING!!"

It is our pleasure to be a part of our families' recovery stories. Thank you for blessing us with your trust and willingness to let us care for you.



Infusion and Chemo Staff (L-R): Dr. Floyd, Oncologist; Amy Brown, Specialty Clinic Supervisor; Carrie Jo Dierks, Infusion Nursing Assistant; Michelle Tripp, RN; Carla Fedderke, LPN, Janet Bargman, Clinical Assistant; Deb Stenberg, RN; Michelle Guebert, RN.

HAPPY *2020* HOSPITAL WEEK

Meet Our Team:

- ADMINISTRATION
- ADMITTING
- BUSINESS OFFICE & ACCOUNTING
- CARDIOPULMONARY & SLEEP LAB
- CHEMO/INFUSION DEPARTMENT
- DIETARY
- DIAGNOSTIC IMAGING (X-RAY)
- ENVIRONMENTAL SERVICES
- HUMAN RESOURCES
- INFORMATION TECHNOLOGY
- LABORATORY
- MATERIALS MANAGEMENT
- MEDICAL RECORDS
- NURSING
- PERFORMANCE IMPROVEMENT
- PHARMACY
- PLANT OPERATIONS
- RURAL HEALTH CLINICS
- SPECIALTY CLINIC
- THERAPY & SPORTS REHAB CENTER

Memorial Hospital celebrated National Hospital Week May 10-16. This annual, week-long-celebration usually includes hospital wide games, prize drawings, and ends with a BBQ on Friday. The celebration looked a little different this year due to social distancing precautions that were put into place throughout all of Memorial's locations. The week still included daily prize drawings for MH branded swag. Since a large social gathering could not be held on Friday, throughout the week Memorial's Facebook page was filled with department recognition and praise.

During this week Memorial shared the important roles every department plays on our healthcare team. Memorial is grateful for every single one of our employees and wishes to thank them for their part in providing the best quality care possible for our community. Meet some of the faces that make up our #MHChesterTeam.



What happened last quarter?



What happened last quarter?

Jany, Recipient of Pathfinder Scholarship



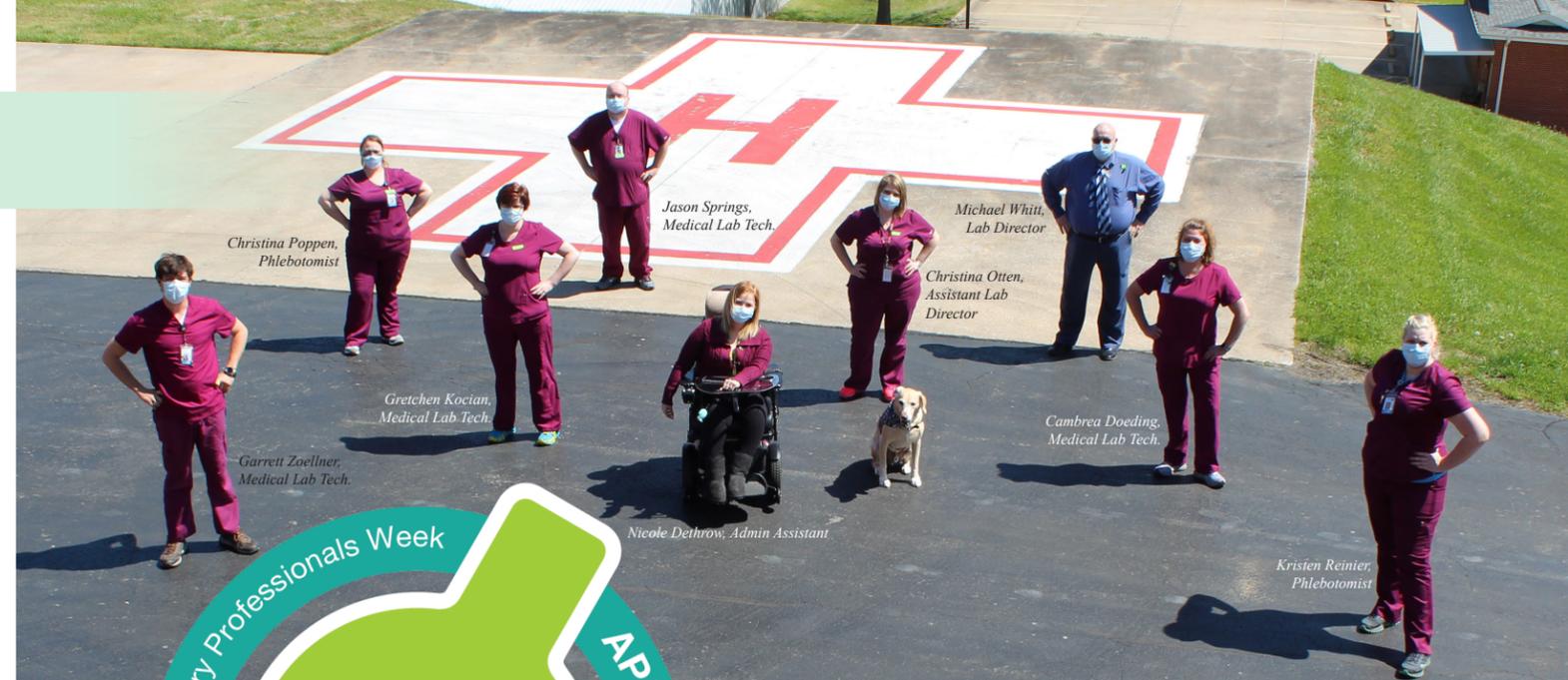
Scholarship recipient, Ashtyn Jany and Memorial Hospital Auxiliary President, Mardell Granger.

Ashtyn Jany, daughter of Jeremy and Kelly Jany of Chester, IL, is the winner of this year's Healthcare Pathfinder Scholarship awarded by the Memorial Hospital Auxiliary. Ashtyn graduated from Chester High School this year and will be attending Southwestern Illinois College's Nursing Program this fall. At the beginning of the Healthcare Pathfinders Program, Ashtyn stated her interest in becoming a Registered Nurse or "definitely something in the medical field." She applied for the Pathfinder's Program, looking forward to the opportunity to explore different options in the healthcare field. Ashtyn is also a member of Memorial Hospital's [Volunteer Program](#) and [Medical Explorer Program](#). The Chester Exploring chapter is in its charter year and Ashtyn was active at the meetings and had the opportunity to see what each department does first hand. In her Pathfinder application essay, she expressed that, "I feel like the Pathfinders program will help me to decide for sure the career path I want to take."

Due to the COVID pandemic that swept the nation during late winter and early spring of this year. The Pathfinders' time were cut short but many were able to complete their job shadowing hours with various departments over their winter/holiday breaks. Students in the program spend time observing the Diagnostic Imaging, Cardio-Pulmonary, Laboratory, and Nursing Departments as well as the Provider Practice. Ashtyn stated that she was "extremely grateful for the amazing opportunity that the Pathfinders Program granted [her] this school year." With the news of the acceptance into the Fall 2020 Nursing Program at SWIC she feels confident and prepared to start her career. In her closing essay for the program, Ashtyn wrote, "I plan on working at Chester Memorial as a Registered Nurse and continuing on to SIUE to obtain my BSN, and then eventually become a FNP. This program gave me real life experiences that I could not have had reading in a textbook or sitting in a classroom."

Ashtyn was one of seven students to participate in the 2019-2020 Medical Pathfinder's Program conducted by Memorial Hospital. Additional students included Mabry Miles, Avery Runge, Brianna Surman and Mallery Vasquez, all from Chester High School, Alexandria Hinnerichs from Steeleville High School, and Victoria Frederking from Trico High School. Each student spent a total of 6 hours, job shadowing medical professionals. Students spent time with doctors, nurses, and sitting in on general surgeries and patient evaluations. "I learned how seriously talented and skilled one has to be to pursue and excel in a career like theirs," stated Brianna. During their 6 hours, the students were evaluated by the staff they worked with and were asked to write an essay to summarize their experiences upon their completion. All seven students were very professional during their time at Memorial and walked away with a better understanding of what it really takes to be a healthcare professional, even if that time was cut short due to COVID.

The [Healthcare Pathfinder Program](#) is offered every year to Seniors of area High Schools. Out of the students, one is chosen based on evaluations from the departments and their application and summary essays, to receive a scholarship to help them pursue their career.



Christina Poppen, Phlebotomist

Jason Springs, Medical Lab Tech.

Michael Whitt, Lab Director

Christina Otten, Assistant Lab Director

Cambrea Doeding, Medical Lab Tech.

Kristen Reinier, Phlebotomist

Gretchen Kocian, Medical Lab Tech.

Garrett Zaellner, Medical Lab Tech.

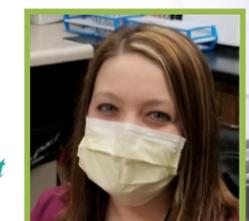
Nicole Dethrow, Admin Assistant



LAB WEEK

April 19-25, 2020 Memorial Hospital celebrated Laboratory Professionals Week at the hospital and rural health clinic locations. This year, the hard work these dedicated individuals put in every day and the risks they take to serve patients has been brought to the forefront of the medical industry. We celebrate our heroes in white coats, and maroon scrubs, not just the 4th week of April, but every week of the year and appreciate the measures they take to help mitigate risks in their community. They continue to perform their daily tasks to prevent and treat disease while fighting this pandemic.

Memorial Hospital would like to wish a Happy Laboratory Professional's Week to our hard working team who plays a vital role in helping us care for our patients, not just now, but ALWAYS!!



T-B, L-R: Tifanie Conway, Medical Tech.; Reymil Alcalá, Medical Tech.; April Loos, Medical Tech.; Joan Kleidon, RHC Lab Lead; Robin McFall, Medical Tech.; Jennifer Donjon, Phlebotomist RHC; Ida Harriss, Medical Lab Tech.; Karen Penny, Phlebotomist RHC; Julie Riggins, Phlebotomist RHC; Tonya Miller, Medical Tech.

Nichole Clifton, Medical Lab Tech.

Congratulations to Memorial Hospital's Senior Medical Explorers and Pathfinders Graduates



Hanna Allen • Rylee Bollman
Rylee Fisher • Victoria Frederking
Audrey Hopper • Ashtyn Jany
Kaelyn Rubach • Brianna Surman



Victoria Frederking
Alexandria Hinnerichs
Ashtyn Jany • Mabry Miles
Avery Runge • Brianna Surman
Mallery Vasquez

www.mhchester.com/exploring

www.mhchester.com/pathfinders

What happened last quarter?

Star Employees of the Past Quarter



Thank you to our “Star” employees! Their co-workers submitted “star cards” in their honor for going above and beyond. Memorial Hospital employees are encouraged to nominate “Star” employees each quarter. At the end of the quarter, ALL star cards are

put into a drawing for monetary prizes.

Congratulations to our “Stars” for the quarter! (L-R,T-B): Stephanie Guethle, CNA; Maribeth Golding, RN; Teresa Jackson, RHC Patient Coordinator; Amy Eggemeyer, Care Coordinator Manager; Carol Schulein, Storeroom Manager; Mark Glander, Floor Technician; Wesleyan Fadler, Radiology Tech 2; Karen Penny, RHC Phlebotomist; Judy Springs, Housekeeping; Joetta McFarland, OR RN; Lane Gibbs, RN; Randi Belton, Coder RHC; Allyson McGee, Housekeeping OR; Amanda Johnson, RHC LPN.

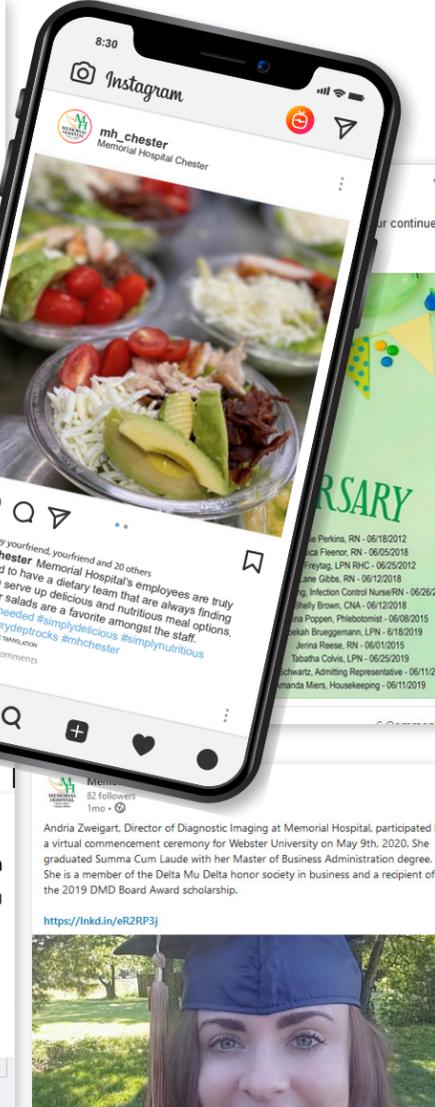
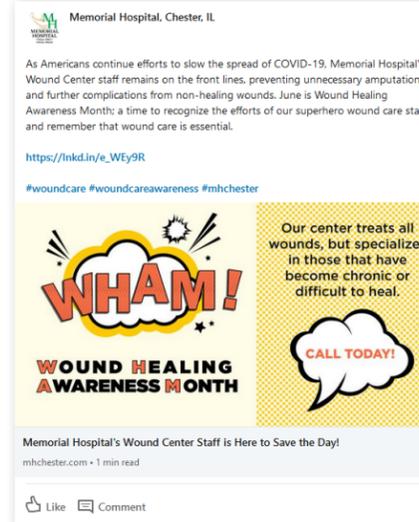


COVID-19

COMMUNITY CARE IS TOP PRIORITY

As the situation surrounding COVID-19 (novel coronavirus) continues to evolve, we want our patients to know that their health and safety is the top priority of Memorial Hospital and all of our locations. We are implementing precautions and procedures to help protect our community. We encourage you to check our [website](#) or [Facebook page](#) often as we continue to update these sites with important information.

Follow us on:



HONORS & AWARDS · UPCOMING EVENTS · SERVICES & PROVIDERS

It is Safe to Resume Your Healthcare

(Continued from Page 1)

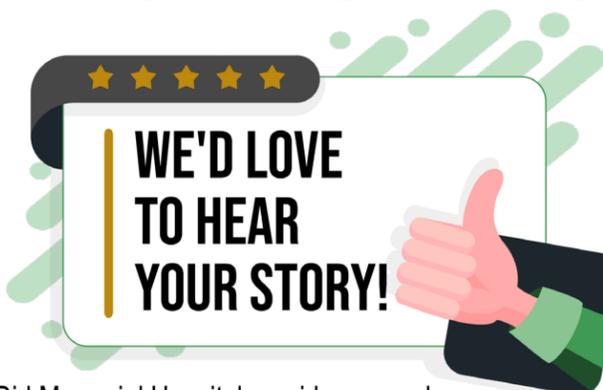
safety and the safety of our doctors and nurses.

It is safe to visit Convenient Care. Our doctors and nurses provide a sterile and safe environment for your examination. They are here for your health concerns that may not require emergency care 7 days a week. Convenient Care Hours are Monday through Saturday 8:00am to 8:00pm and 11:00am to 3:00pm on Sundays. Learn what your convenient care may cover by visiting our website: www.mhchester.com/convenient-care

It is safe to visit the Emergency Room. If it is an emergency, do not hesitate to seek care. Memorial Hospital’s Emergency Room is open 24/7.

Stay safe, stay healthy, and be reassured that Memorial Hospital’s team of healthcare professionals are here for you today, tomorrow, and always!

MEMORIAL HOSPITAL TESTIMONIALS



Did Memorial Hospital provide you and your loved one with compassionate, quality care delivered with dignity and respect?

WWW.MHCHESTER.COM/TESTIMONIALS

VOLUNTEER & AUXILIARY NEWS

The Memorial Hospital Auxiliary, as vital today as they were 60 years ago

Recently an article from the Chester Herald Tribune dated, Thursday, July 15, 1976 was discovered among some archives. This article shares with us in detail how the Memorial Hospital Auxiliary was formed and the important role a group of woman had in establishing Memorial Hospital as we know it today.

The Chester Herald Tribune Article from 1976 reads...

Tribute Written to Hospital Auxiliary

The last edition of the "News in Brief", a newsletter edited at Memorial Hospital in Chester for benefit of its Board of Directors, Medical Staff, Personnel, and other interested persons, contains a tribute to Memorial Hospital Auxiliary:

"The Memorial Hospital Auxiliary fulfills a vital function as the primary support group for the hospital. The idea of a new hospital was first conceived at a Chester Woman's Club meeting which then sponsored a tea at the Elks Lodge on June 20, 1957. That was the beginning.

"The community in 1957 was served by the Chester Hospital on George Street, directly by Drs. I.D. Newmark and Milton Zemlyn. The doctors both backed the newfound idea that caused the Auxiliary to form by backing the concept of needing at least 40 new beds to replace their aging institution. A group was already working on a volunteer basis at the existing hospital so that when the two joined into one group, it became known simply as the Hospital Auxiliary.

"The first meeting of the newly-formed Hospital Auxiliary was actually an Executive Committee meeting July 11, 1957, held at the home of Mrs. Callie Smith, the first Auxiliary President. The first general membership meeting of the group was July 18 at the Chester Public Library where the Constitution and Bylaws were drawn up and adopted. Subsequent meetings were held at the library on the first Thursday of each month. There were 47 active and 25 inactive members.

"By September, 1957, the membership had grown to 81 active members and 34 inactive. The first fund raising events were turkey raffle, charity dance, box supper, card party and bake sale. From the beginning, there was a cooperative spirit toward transitioning from the small and aging Chester Hospital to a new yet-to-be-built community district hospital.

"The building fund began Sept. 9 of that year. By December of the same year, the treasury showed a balance of \$930.26 plus \$121.00 in a memorial fund. (The first dollars came through various methods by which money was raised with members doing everything from washing, ironing, and babysitting to bake sales, raffles, and so on.) Every conceivable method of fund raising was explored by the group. All memorials, donations, and project proceeds were turned over to the building fund by February 1958.

"The land on which the hospital is built was donated by a member, Mrs. Austin Cole Sr., to be managed by the newly formed 'Steering Committee', the purpose of which was to establish a hospital district, obtain federal and state grants and submit a hospital financing proposal for vote to the citizenry, and was to come from the Cole estate. She left it to the Steering Committee to determine how much land was needed. The date of conveyance was April 30, 1960.

"Before the hospital was built, the foresight of the Hospital Auxiliary established a nurse's scholarship program on Sept. 4, 1958, with the first scholarship awarded a year later to Etta Jane Nagel. A former high school band director, Wayne Thorne, presented the Auxiliary with a check for \$100, representing donations made at a benefit band concert, which he arranged. The idea had caught on well.

"The Auxiliary saw the ripening fruit of its labor on Jan. 20, 1960, when the bond issue brought about by the combined efforts of the Steering Committee and Auxiliary, was passed, giving birth to the Randolph Hospital District. Construction was under way but a shortage of funds threatened some of the beauty (and functional portions) of the building. Once again, the Hospital Auxiliary rose to the task and raised additional funds so that terrazzo floors, better brick, and other quality materials could be maintained instead of substituted. The Auxiliary even financed the purchase of the Perma-Glass windows for the hospital.

"The Hospital Auxiliary became known as the Memorial Hospital Auxiliary in September, 1962, to correspond with the new hospital's name. From 1962 to this writing - - 14 years (1976)- - approximately \$65,500 has been given by the Auxiliary in addition to \$16,500 in nursing scholarships. At the present time (1976) there are 150 active members and 100 inactive members.

"By now and for several years past the main fund raising event was the annual horse show. (The Auxiliary had come a long way from turkey raffles.) In addition to the fund raising it nevertheless maintained its function in the Gift Shop, Bloodmobile, Candy Striper Program, visitor control program and other volunteer programs required by a growing hospital.

"It was again extraordinarily active when the hospital building was expanded in 1968, increasing the bed capacity to 86. The Easter Smorgasbord replaced the Horse Show as the primary fund raising project in March 1974, and about that time, the Auxiliary expanded its support in the area of nursing scholarships to provide the needed technical manpower of the hospital. As of May 1, 1975, there were five scholarships to area students in nurses training. As of this writing, the Auxiliary is still actively interested in both the present and future welfare of the hospital.

"This article is a small attempt to provide a tribute to an organization without whose support the hospital as we know it may not have come into being. It must be a great source of satisfaction and pride to these dedicated people that the hospital has become mostly self-sustaining. Rather than their job being done, however, the need for dedicated volunteers and the thousands of hours and dollars they represent are more necessary today than ever. Every Auxilian should take pride in belonging to this organization, which has so rich a history. And more should join. To go from an idea to an entire multi-million dollar health care institution, which is not only one of Chester's largest employers, but also serves the medical needs of the people is no mean task. And to have been the group whose idea and untiring effort obtained the necessary start in addition to the tens of thousands of dollars in earned and donated monies to produce one of the finest hospitals in Southern Illinois, is a tribute in itself.

"At the present time (1976) the Hospital Auxiliary is headed by Mrs. Edward Powley. Members of the Executive Board are Mrs. Robert Jeffreys, Mrs. Wilbert Welge, Miss Catherine Goff, Mrs. James Blechle, Mrs. Ralph Darling, Mrs. Dwight Hardin, Mrs. J.R. Gordon, Mrs. Charles Bullock, Mrs. Paul Mueller, Mrs. O.M. Meyer, Mrs. Roger Ohlau, Mrs. Howard Alms, Mrs. O.H. Koeman, Miss Olga Decker."

Since this article was published in 1976 the Memorial Hospital Auxiliary has remained diligent in their efforts to support the improvements and funding of advanced equipment necessary to keep Memorial Hospital moving forward and ever growing in an ever changing medical field. As of July 2020 the Memorial Hospital Auxiliary has 230 members. Leading fundraisers now include Memorial Hospital's Gift Shop, Tree of Remembrance campaign, bake sales and raffles. The Auxiliary continues to hand out scholarships annually with \$500 awarded to 1 high school senior in Memorial Hospital's Medical Pathfinder Program, \$500 for LPN and \$1,200 for RN applicants. Since the Tree of Remembrance campaign began in 1983 the Memorial Hospital Auxiliary has donated over \$350,940 in equipment to the hospital. In the more recent years these items have included new High-Lo Exam Tables for the Rural Health Clinics (2017), a GE Ultrasound Upgrade for the Stress Echocardiogram in the radiology department (2018),



Six members of Memorial Hospital Auxiliary quickly arrived on the scene of the disaster drill after being called at their homes to come to the hospital and assist with the emergency. Left to right in the front row are Betty Ohlau, Jane Hardin, and Velma Lee Powley, president. In the back row are Charlesa Mueller, Mary Ann Jeffreys and Eileen Gordon.

Chemo/Infusion patient chairs (2014), ER Trauma Lights (2015), Code Ready Defibrillator for the emergency department (2013), Surgical Tables (2012), Surgical Retractor (2011), smart TVs (2019) for the new Med/Surg unit to be completed in the summer of 2020, and much more. The officers for the Memorial Hospital Auxiliary in 2020 are: President - Mardell Granger, 1st Vice President - Lisa Feldmann, 2nd Vice President - Carrie Jo Dierks, Secretary - Pat Koenegestein, and Treasurer - Kathy Albrecht.

Apryl Bradshaw, Administrative Assistant at Memorial Hospital is liaison for the Auxiliary. She emphasizes the importance of Auxiliary by stating,

"Memorial Hospital's Auxiliary members and their efforts to raise funds throughout the year through gift shop sales, bake sales, and The Tree of Remembrance, aid Memorial Hospital in ensuring patient care, convenience and the latest technology to provide the best quality care possible. As a chairman on the Auxiliary Board and the Volunteer Director at Memorial Hospital I can honestly say we truly have an amazing group of Auxiliary Members."

If you are interested in learning more about the Memorial Hospital Auxiliary, making a donation, or becoming a member you can contact Apryl at 618-826-4581 ext. 1299. Dedicated volunteers are always welcome.



To learn more about the Memorial Hospital Auxiliary or Volunteer Program, visit: www.mhchester.com/volunteer or call Apryl Bradshaw at 618-826-4581 ext. 1299.

MEMORIAL HOSPITAL'S SERVICES

Bone Density Screening	3D Mammography
Chemotherapy & Infusion Center	Nuclear Medicine
CT Scans	Radiology/X-Ray
Diabetic Resources	Same Day Surgery
ECG & EEG	Sleep Disorder Treatment & Lab
Endoscopy	Sonography/Ultrasound
Intensive Care Unit	Swing Bed Program
Lung Screening	Treadmill Stress Testing
MRI	Wound Center

MEMORIAL HOSPITAL'S SPECIALTY PROVIDERS

**Bringing Specialty Clinic Doctors to you
so you don't have to travel away from home.**

Allergy/Immunology Douglas Berson, M.D.	Orthopedics James Murphy, M.D. Swastik Sinha, M.D. Meshia Reed, PA-C
Audiology C. Joseph Hopper IV, AuD	Pain Management Paul Juergens, M.D.
Cardiology John Groll, M.D. Raffi Krikorian, M.D. Gangadhar R. Malasana, M.D.	Podiatry Amanda Hart, DPM
Gastroenterology Charmaine Edwards, M.D.	Urology Wesley Howell, PAC Sam Stokes III, M.D.
General Surgery Ziya Baghmanli, M.D. Margret De Guzman, M.D.	Vascular Surgery Ricardo Rao, M.D.
Neurology James Goldring, M.D.	Wound Center Margret De Guzman, M.D.
Oncology/Hematology Justin Floyd, D.O.	

To learn more about our specialists call Memorial Hospital Specialty Clinic at (618) 826-4581 ext. 1366

Welcome New Employees

Myka Guetersloh	Erin Whelan
Tonya Miller	Melissa Poe
Peggy Williams	

Congratulations Retirees

Brenda Ruroede
Joan Kleidon
Cindy Lannom

24 HOUR EMERGENCY ROOM SERVICE



CONVENIENT CARE

HOURS:

MONDAY-SATURDAY 8AM-8PM

SUNDAY 11AM-3PM

Except Holidays

A Triage Nurse will perform an initial assessment. The Triage Nurse and/or Physician shall have final authority in determining whether the patient's medical condition qualifies them for treatment in Convenient Care.

If the patient does **NOT QUALIFY**, they will be offered Emergency care.

If the patient **DOES QUALIFY**, they will be charged for this service at a reduced rate. Any testing (lab tests, X-rays, etc.), supplies used, or medications given are at an additional cost. Additional reviews of X-ray or lab work may be necessary and will be charged separately.



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